



LEGACY BIBLIOGRAPHY

“The place God calls you to is the place where your deep gladness and the world’s deep hunger meet.”
Fredrick Buechner.

ON-LINE RESOURCES

Google:

Minnesota Health Care Directive

5 Wishes mn

Honoring Choices mn www.honoringchoices.org

Mayo Clinic Health Care Directives

POLST (Provider Orders for Life Sustaining Treatment)

The 40/70 Rule—The 70/40 Rule (Home Instead Resource)

Senior Linkage Line 800-333-2433 <http://www.mnaging.org/advisor.htm>

<http://mn.gov/ownyourfuture> (Multiple resources on aging, timing, housing, legal, support for caregivers and more)

<https://edocs.dhs.state.mn.us/lfserver/Public/DHS-3736-ENG>

Scroll down to videos that model having these tough conversations with your family: <https://www.callinghomemn.org/>

Caringcommunity.org (Values Statement Check List)

Live Well at Home (www.mnlivewellathome.org)

BOOKS ON LEGACY

Ethical Wills: Putting Your Values on Paper, Barry K. Baines, MD

The Ethical Will Writing Guide Workbook, Barry K. Baines, MD

Legacy Guide: Capturing the Facts, Memories, and Meaning of Your Life, Carol Franco and Kent Lineback (Through 7-stages of Life)

Spiritual Autobiography: Discovering and Sharing Your Spiritual Story, Richard Peace.

The Gift of You: How to Tell Your Loved Ones Who You Really Are, Bill McCord



The Gift of Being Yourself: The Sacred Call to Self-Discovery, David G. Benner.

Women's Lives, Women's Legacies: Passing Your Beliefs and Blessings to Future Generations: Creating Your Own Spiritual-Ethical Will, Rachel Freed

Memoirs of the Soul: A Writing Guide, Nan Merrick Phifer

Writing the Sacred Journey, Elizabeth J. Andrew

The Gift of an Ordinary Day; A Mother's Memoir, Katrina Kenison

The Story of Your Life; Writing a Spiritual Autobiography; Dan Wakefield

The Gift of You: How to Tell Your Loved Ones Who You Really Are; Dr. Bill McCord

A Message for my Child, Patrick and Ernesto Atkinson.

LIVING LIFE WITH PURPOSE

Claiming Your Place at the Fire, Richard Leider and David Shapiro

Something to Live For, Richard Leider and David Shapiro

Life Reimagined: Discovering Your New Life Possibilities, Richard Leider and Alan Webber.

The Power of Purpose, Richard Leider.

Peaks and Valleys: Making Good and Bad Times Work for You, Spencer Johnson MD.

GROWING OLDER/CARING FOR SOMEONE GROWING OLDER/FACING DEATH:

The Four Things That Matter Most, Ira Byock.

Reclaiming Your Story: Family History and Spiritual Growth, Merle R. Jordan

A Lesson Before Dying, Ernest Gaines.

Dying Well, Ira Byock.

The Art of Dying: Living Fully Into the Life to Come; Rob Moll

The Ageless Spirit; Reflections on Living Life to the Fullest in Midlife and the Years Beyond; ed. Connie Goldman

The American Book of Living and Dying: Lessons in Healing Spiritual Pain, Richard R. Groves and Henriette Anne Klauser



A Beginners Guide to the End: Practical Advice for Living Life and Facing Death, BJ Miller MD and Shoshana Berger.

Being Mortal, Atul Gawande

When Breath Becomes Air, Paul Kalanithi

Let's Talk About Death: Asking the Questions That Profoundly Change the Way We Live and Die, Steve Gordon and Irene Kacandes.

Let's Talk About Death Over Dinner: An Invitation and Guide to Life's Most Important Conversation, Michael Hebb.

INSPIRATION:

Pictures in the Fire; Charles Lounsbury (Blue Lantern Books)

What is My Song?, Dennis Linn (Based on a traditional African fable—every child has a song)

The Last Lecture, Randy Pausch

Reaching Out: The Three Movements of the Spiritual Life, Henri Nouwen.

DEVOTIONAL

Behold Your Life: A Pilgrimage Through Your Memories, Macrina Wiederkehr

As I Journey On: Meditations for those Facing Death, Sharon Dardis and Cindy Rogers.

Praying our Goodbyes, Joyce Rupp.

APPROPRIATE FOR SMALL GROUP STUDY:

Spiritual Autobiography: Discovering and Sharing Your Spiritual Story; Richard Peace.

WORKBOOKS:

Making Things Easy for my Family: What you need to know about my belongings, business affairs and desires. (Everything Organized)

Peace of Mind in Crucial Times. (Everything Organized)

Begin Here: Helping Survivors Manage, Kat Reed

www.familyloveletter.com

The Wealth of Your Life, Susan B. Turnbull



TEXTBOOK:

Re-membering, Lorraine Hedtke and John Winslade